



Generations

FALL 2012

Welcome St. Michael's Centre

A new care home comes under the Tapestry Foundation umbrella



Photo: Flora Gordon

A recent visit to St. Michael's Centre (SMC) (back row l - r) Blake Armstrong, Operations Site Leader, SMC, Marti Tutti, former chair, SMC Foundation, Gary Begin, Chair, SMC Board of Directors, Colleen Tracy Torrison, Director, Tapestry Foundation, Ann Adams, CEO, Tapestry Foundation. (front row l - r) SMC residents Thomas Anagnostou, Mary Johnson, Judy Milinkovic, and James Whitelaw.

Over cups of coffee in the St. Vincent's Hospital cafeteria in 1977, plans for a new seniors' care home in Burnaby were carefully mapped out. Back then, founding members of St. Michael's Centre (SMC) would visit St. Vincent's often to talk with the Sisters who ran it. They knew the Sisters held the key to building a home to care for the whole person - body, mind and spirit.

Today, more than 35 years later, SMC has come back to St. Vincent's through Providence Health Care. Earlier this year,

SMC began a working relationship with Providence for the provision of management services at the site. With its deep roots in faith-based traditions and values, innovative approaches to care, and research excellence in seniors and end-of-life care, Providence was considered an ideal match for SMC. In April, a new operational leader was hired to oversee the day-to-day operations of the 128 bed care home, and its 16-bed hospice.

With Providence on board to guide care delivery, SMC next went looking for fundraising support. In

June, following months of exploring their options, the SMC Foundation voted to hand over fundraising responsibilities to Tapestry Foundation.

"We're going back to the beginning," said Gary Begin, SMC Board Chair. "We've come full circle and feel that Tapestry Foundation is a good fit for us."

The 10 year old SMC Foundation was run by a volunteer board who managed all administrative, banking and fundraising tasks. With the downturn in the economy over the past few years and reduced volunteer support, the remaining directors felt overwhelmed by the volume of work needed to adequately support SMC.

"People were getting tired," noted Marti Tutti, Chair of the SMC Foundation. "We knew it was time to move ahead to other opportunities, and look at new ways of doing things. We felt confident knowing that all our hard work would be left in good hands with Tapestry Foundation."

"When we first met the Tapestry Foundation group, we were emotionally moved by their vision and commitment to seniors' health care," she explained. "Our visions and missions were closely matched, and they were in tune with

~ continued on page 2



TAPESTRY FOUNDATION
for Health Care

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Check out our new website this October @ www.tapestryfoundation.ca



the same beliefs that governed our own Foundation board.”

Outside the Foundation office door at SMC is the quote “Compassion is Contagious”, a motto that supported a legacy of fundraising efforts. Noteworthy funding successes include the acquisition of a bus for resident outings, support for the creation of memorial and therapeutic gardens, funding for music therapy and pastoral care programs, and the installation of a stunning stained glass donor recognition wall. Their latest project has been funding to refurbish the hospice.

“Volunteer support in any fundraising organization is truly a blessing,” noted Ann Adams, Tapestry Foundation CEO. “What the SMC Foundation accomplished in 10 years is impressive, and a powerful testament to their dedication to the resident and patient populations. We look forward to building on their successes.”

In the coming months Tapestry Foundation will work closely with site staff and the SMC Board to communicate the new fundraising arrangements with donors, identify emerging funding priorities, and become more familiar with overall site operations. Foundation staff and directors also look forward to getting acquainted with residents, patients and family members.

“We’re excited about the new support we have for SMC,” commented Gary. “Herodotus, a Greek historian, once said: ‘All of life is action and passion,

and not to be involved in the actions and passions of your time is to risk having not really lived at all.”

For more information about fundraising support for St. Michael’s Centre, call the Tapestry Foundation office at 604.877.8335.



About St. Michael's Centre

- Established in 1981 by the Roman Catholic, Anglican and United Churches
- Located at 7451 Sussex Avenue, Burnaby
- Operationally supported through Fraser Health Authority
- 128 complex care beds for elder residents
- 16 hospice beds for end-of-life care

Angels Who Care

Angels and Christmas are synonymous at Tapestry Foundation. This December, we’ll be once again looking for your support of the Angel Campaign. Over



the years, the campaign has raised thousands of dollars to support compassionate care of patients and residents. Angel funds have been used for everyday equipment purchases such as lifts, specialized wheelchairs, beds and pressure relief mattresses. They’ve also supported programs that make life more meaningful for elders

like the Concert in Care series, and the Dining Program at Providence. Watch for angels in the mail this November. For more information about the campaign, contact Mary Lau at 604.877.8521.



Photo: Flora Gordon

Discussing fundraising plans for SMC over coffee in the cafeteria.

Tapestry Foundation for Health Care publishes GENERATIONS newsletter twice a year for donors, supporters and friends. We welcome your letters and comments. If we have misspelled your name, or if you have changed your address, please let us know.

Tapestry Foundation supports patient and resident care at these sites - Holy Family Hospital, Marion Hospice, Mount Saint Joseph Hospital, St. Michael’s Centre, St. Vincent’s: Brock Farni, St. Vincent’s: Langara, St. Vincent’s: Honoria Conway-Heather, Youville Residence.

Editor: Marianne J. Dupré
www.tapestryfoundation.ca

In the Fight Against Breast Cancer

2013 Scotiabank Feast of Fortune supports the Rapid Access Breast Clinic

Plans for the 2013 Feast are now underway, with a goal of raising \$380,000 for a 3D ultrasound breast scanner needed at Mount Saint Joseph Hospital.

For the past five years, improving patient care at MSJ has been the ultimate goal of Tapestry Foundation's signature annual gala. Recently dubbed in the media as "the little gala that could", the Feast has now raised more than \$1.3 million for state-of-the-art equipment at the hospital.

Proceeds from the 2013 event will support the latest in breast imaging technology. The breast scanner is an essential tool for diagnosing breast abnormalities, including breast cancer. One in nine women in North America will be affected by breast cancer in their lifetime. A woman of 30 has a 1 in 2,211 chance of getting the disease. By the time she reaches 50, those

numbers increase dramatically to 1 in 54.

With this new technology in place, MSJ's Rapid Access Breast Clinic will become the first in Western Canada to provide patients with 3D ultrasound breast scanning. Unlike conventional ultrasound machines, the breast scanner enables technologists to scan more than 98 per cent of the whole breast in one step, making scanning time faster and producing high-quality images. It will also enable surgeons to review images of the entire breast to assess the extent or "stage" of breast cancer before surgery takes place.

For more information on purchasing tickets, or how to support this year's event through sponsorship, advertising or auction opportunities, contact Doreen Lam at 604.877.8336, or dlam@providencehealth.bc.ca.

2013加拿大豐業銀行「福臨善心人」籌款晚宴 – 支持聖若瑟醫院快速乳癌診療中心、對抗乳癌病魔

2013「福臨善心人」的籌募工作，現已全面展開，籌款目標是 \$380,000，為聖若瑟醫院的快速乳癌診療中心，購置一部急需的超聲波立體全自動乳房掃描機 (Automated Breast Volume Scanner - ABVS)，使它成為加西第一間能夠為病患者，提供立體超聲波乳房掃描服務的醫院。

自 2008 年開始，由錦繡人生醫護基金會專責統籌的年度「福臨善心人」盛事，每年努力籌款的最終目的，就是為不斷提高聖若瑟醫院病人的醫護水平。在過去五年，「福臨善心人」已籌獲善款超過一百三十萬大元，為醫院購置多部切要的醫護儀器。

2013「福臨善心人」準備為醫院購置的 ABVS 掃描機，是用作檢查乳房異常現象的一套重要工具，尤其是對付乳癌。在北美洲，平均每九位女性的一輩子中，就有

一位的乳房會出現問題。年紀老化就是罹患乳癌最高風險的其中一個主要因素。一般女性，如果平均年齡 30 歲左右，罹患乳癌的機遇是 2,211 份之一，但一到 50 歲，罹患乳癌的機遇就會高達 54 份之一。

這部 ABVS 掃描機與一般的超聲波儀器不同，醫院技師們只需一次過程就能掃描差不多整個乳房(百份之 98)，既可加快掃描時間，又能獲取極佳的高清影像；乳癌專科的手術醫生們，亦可視察病人整個乳房的超聲波影像，幫助他們在進行手術前，明確診斷病人乳癌究竟發展到什麼階段。

請大家熱心支持「福臨善心人」籌款，贊助盛會、刊登廣告、捐贈晚宴拍賣精品、購買餐券或作慈善樂捐；如有任何查詢，請致電錦繡人生醫護基金會籌款經理林羅慧琛 (Doreen Lam)，電話：604.877.8336 / 電郵：dlam@providencehealth.bc.ca。



Setting the stage at the 2012 Scotiabank Feast of Fortune event. (l - r) Fundraising Committee Co-Chairs, Chris Stepien, and Anita Law, and Honorary Chair, Sing Lim Yeo.

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2013
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Saturday, February 16, 2013
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Ticket - \$198 (with \$90 tax receipt)
Dinner. Live and silent auctions.
Entertainment.



2013 加拿大豐業銀行「福臨善心人」籌款晚宴
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Run of the Year

The first sun of summer welcomed 98 members of the Tapestry Trailblazers Team at the Scotiabank Vancouver Half-Marathon & 5K on June 24. More than \$38,000 was raised for support of elder care research and special projects at sites supported by Tapestry Foundation.

“We had a great turnout this year,” said Judy Finch, Development/Special Events Officer for the Foundation. “Eleven teams were registered under the Trailblazers banner, and there was no shortage of creative fundraising ideas - everything from bake sales to penny drives.”

The Foundation thanks all those who participated and raised funds, including nine new members of Team Spirit who each collected \$1,000 or more in pledges: Nazeem Ali, Lillian Cheu, Marianne J. Dupré, Judy Finch, MaryLou Harrigan, Sandra Heath, Melina Hung, Paramjit Kalkat, and Mark Spelliscy.



Photo: Collette Coleman

Kudos also go out to Team Captains for rallying staff support: Christopher Whyte, *Brock Fahrni Thunder*; Rae Johnson, *Honouring Our Elders* (HFH); Shannyn Sainiuk, *Grey Angels* (MSJ); Janice Victory, *Medicine Breakthroughs* (MSJ); Nazeem Ali, *Eden Spirit* (MSJ); Lillian Hung and Celina Fernandez, *Team Elder Care* (MSJ); Imelda Villeneuve, *Team Booba*, (MSJ Rapid Access Breast Clinic); Kit Chan, *Langara Links*; Nadra Ali, *Langara Links 2*; Mark Spelliscy, *Team BOD*, Tapestry Foundation Directors; Judy Finch; *Tapestry Trailblazers*; Steven Vickets and Sherry Lecian, *Youville Young at Heart* (Youville Residence).

In the Pink and Dancing

It's not every day that you see hospital staff dancing in the hallways. In early May every department at Mount Saint Joseph Hospital (MSJ) was doing just that.

Staff was caught on film doing the pink glove dance to the tune of *You Won't Dance Alone* by The Best Day Ever. The video was both morale booster and awareness builder of Tapestry Foundation's digital mammography campaign.

MSJ is entering the video into Medline Industries online 2012 Pink Glove Dance competition, where organizations can submit their own pink glove dance videos. The video with the most online votes wins \$10,000.

More than 61,000 votes were cast for the winning video in 2011. MSJ is aiming to beat that number to claim the top prize.

Through the voting period this October, Tapestry Foundation will be encouraging votes as well as online donations towards the mammography campaign. To view the MSJ Pink Glove Dance video, visit www.tapestryfoundation.ca and follow the links.



Photo: Dawne Nowakowski



MSJ's Intensive Care Unit staff chose a unique way of displaying pink gloves during filming of their segment of the Pink Glove Dance video.

MSJ is counting on your vote!

Log on to pinkglovedance.com and vote for the MSJ Pink Glove Dance. Voting begins October 12, and ends October 26.

How Your Donations Help

Kindness Remembered

Gratitude brought members of the Dhillon family back to MSJ for a visit with Geriatric Psychiatry Unit staff. In memory of his late wife, Mrs. Pritam Kaur Dhillon, who was treated through the department, Mr. Daljit Singh Dhillon and family recently donated \$20,000 to support the ECT (electroconvulsive therapy) program, a service provided for the treatment of depression and various forms of dementia. Previous donations from the Dhillon family helped build the program through purchases of comfortable chairs in the treatment area, a professional reference library for nurses and physicians, and plants for the balcony. “We’re thankful for the health care we have in Canada,”



(l-r) Dr. Michael Passmore, psychiatrist, MSJ; Mr. Daljit Singh Dhillon; Elena Gromov, ECT Nurse; Yolanda Bouwman, Senior Development Officer, Major Gifts & Planned Giving, Tapestry Foundation.

explained daughter Permjoat Dhillon. “My mother was well cared for here, and our family learned so much more about mental health through the staff. We’re confident that my father’s donations will be used wisely to benefit patients like my mother.”



Photo: Brian Smith

(l-r) ICBC reps Craig Horton, Senior VP, Claims; Pamela Wong, Community Involvement; Michel Joseph, Provincial Salvage Operations and Systems; Steve Wood, Salvage Enhancement; Jared Huber, Manager, Community Involvement. (Front R) Ann Adams, Foundation CEO; Miranda Lee, Occupational Therapy Site Leader, Rehab; Ursula Piotrowski, Operations Leader, Rehab; Jan Clanton, Rehab Nurse; patient John Shalk.

New Car. New Focus in Rehab

An updated Easy Street Care Environment™ and its counterpart Easy Suite at Holy Family Hospital were unveiled to donors and families on April 26. The two simulated communities are used by patients who have had strokes, hip and knee replacements, and limb amputations to practice essential skills needed to make the successful transition from hospital to home. Donors contributed \$80,000 to fund the updates that included a new Internet lounge for patient use, and the installation of a salvage vehicle, donated and customized by ICBC.

“Ninety per cent of in-patients will use the Easy Street car during their rehab stay at Holy Family Hospital,” said Foundation CEO Ann Adams. “Thanks to our donors, Easy Street continues to provide a useful training space for our patients.”

Tai Chi for the Greater Good

Keeping fit while helping others was the focus of “Act of Prevention 2012” on May 19, a Tai Chi fundraising event organized by Sifu Paul Tam of the CLF Kung Fu Club (振江武術館), and co-sponsored by the Shon Yee Benevolent Association of Canada (加拿大鐵城崇義會). More than 200 participants gathered at Richmond Aberdeen Centre to perform diverse styles of Tai Chi movements and helped raise over \$13,000 towards the digital mammography campaign at MSJ. Highlights of the day included a



lion dance, kung fu demonstration, traditional Chinese music and dance performances.



Gala a Glittering Success

Inspired by their clients' breast cancer journeys, staff of MSJ's Rapid Access Breast Clinic (RABC) tried their hand at fundraising this spring. They made a splash with their inaugural Gala for Hope, raising more than \$18,000 for Tapestry Foundation's digital mammography campaign. Demands for diagnostic and screening mammograms at MSJ are increasing with more than 7,400 screening mammograms, and 5,000 diagnostic mammograms and fine wire localizations conducted annually. Since 2009, MSJ's surgical department has consistently performed close to 50% of all breast cancer surgeries done annually in the Vancouver Coastal Health region. Since the introduction of the RABC, clients wait on average 31 days between diagnosis and surgery, compared to 58 days at other centers around BC. The second digital mammography machine is needed to keep pace with increased demands over the next five years.



Photo: Flora Gordon

Staff of the RABC celebrate the success of the Gala for Hope (l-r) Nidhi Badhan; Rebecca Alfonso; Kiwi Huang; Imelda Villeneuve; Anastasia Elworthy, Operations Leader, RABC; Satinder Billing.

"We're a small department," notes Imelda Villeneuve, nurse navigator for the RABC, "but we have a big vision for our patients. Many of our clients came to the event and were able to experience our care and dedication in a different light. It was encouraging for everyone."

iPads for Care and Closeness

Since the introduction of the iPad, technology has never been closer at hand. The "tablet" style computer is a new platform for audio and visual media that includes books, periodicals, movies, music, camera, games, and web content. At Providence sites, iPads are making their way bed-side and fast becoming a support to the health and well-being of patients and residents.

Recently at Youville Residence, the device was used for a Skype (online video communication) conversation between a frail elder resident and her granddaughter in California. "We'd been sending emails to the granddaughter, but were unable to reassure her that her grandmother was relatively okay," explained Jo-Anne Tait, site/operations leader at Youville. "Through phone communications, the granddaughter visualized her grandmother's deterioration. Likewise the resident worried about her granddaughter's progress expecting her first child. A student working at the site approached the resident and offered use of her iPad to connect them."

On the day of the Skype call, the resident was able to see her granddaughter's baby bulge, and the granddaughter was reassured to see her grandmother



You can help us purchase iPads for our sites. To learn more, call Yolanda Bouwman at 604.877.8189.

look well, beyond the frail voice she was used to hearing on the phone. The resident was also tickled to see that her granddaughter's husband had shaved off his moustache, and talked about it happily for days.

"I would love more opportunities to connect residents and their loved ones around the world," said Jo-Ann. "It was truly a joy for the resident and her family, as well as those around the resident who saw how powerful this technology is."

Tapestry Foundation is grateful to individuals, businesses and organizations for their generous contributions.*

Benefactor \$50,000 - 99,999

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* Contributions received between March 16, 2012 and August 15, 2012

Special thanks to sponsors of the 2012
Dialogue on Aging – Public Presentation Series:



Waiting for visitors at the Langara main entrance, Shanna-Lee Sanchez, Pastoral Care and resident Harland (Lewis) Mack.

Coming Home

Last December's Light Up Langara campaign put a sparkle on trees in the courtyard. It also put a new shine on common areas of the St. Vincent's: Langara site. The campaign raised \$10,000 to support a much-needed interior redesign project. With Phase I complete, residents are now enjoying a refreshed look to the main entrance, multipurpose room, atrium, sunrooms and balconies. Phase II begins this fall with upgrades to the chapel and the second palliative care room. Watch for more news on Light Up Langara 2012.

A Legacy Endeavour

Since 1964, the Endeavour Auction has raised over \$12 million for local not-for-profits including Tapestry Foundation. Now after 48 years, the very last Endeavour event is being held – and Tapestry Foundation will be there to celebrate.

Join us on November 3, 2012 at the Fairmont Hotel Vancouver for this final celebration. For event information and to reserve tickets, call 604.872.2563.

ENDEAVOUR 2012
THANKS
A MILLION!

REMEMBER THEM ONE MONTH AT A TIME



Become a partner in seniors' care through our **Monthly Giving Program**. Budget your generosity throughout the year with small, manageable donations – it couldn't be easier! Contact us at **604.877.8335** for information on getting started today.



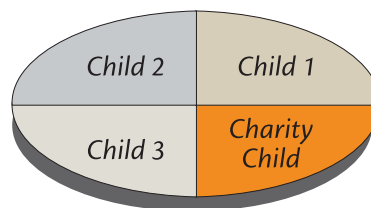
TAPESTRY FOUNDATION
for Health Care
WE CARE FOR SENIORS

Have you included a charity child in your Will?



Photo: Flora Gordon

Leaving a gift to charity in your will is easy when you add one more “child” to your list of beneficiaries. If you're dividing your estate into equal portions for each of your children, consider including an equal portion for the charity of your choice.



By including a “charity child” gift for Tapestry Foundation, you'll be improving the lives of thousands of seniors cared for through hospitals and residences operated by Providence Health Care in Metro Vancouver.

Learn more about the charity child option by calling the Foundation at 604.877.8335.



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